

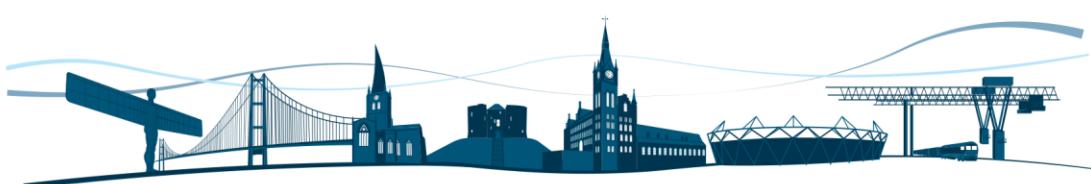
CLIC



2024

Happy New Year

Issue 118
8th January 2025



everyone
home safe
every day

SPEED ➤

➤ PACE

Continuous Learning & Improvement Cascade
Capital Delivery Eastern Region

What's in this issue...



Happy New Year



Festive Delivery in Photos



Taking Stock in the New Year



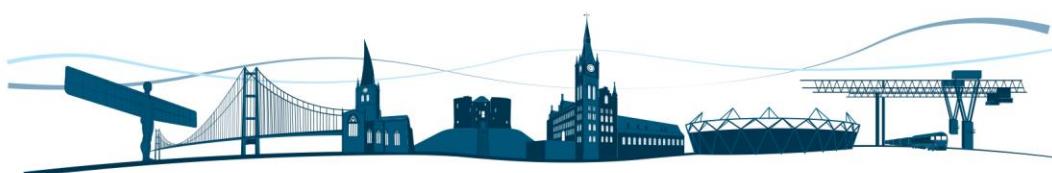
SHELT 2025



Andys Man Club



Recent Accidents & Incidents



Happy New Year



Welcome to the first edition of CLIC 2025

Safe Christmas Delivered

We have just completed our Christmas programme – that's been 17 days of continuous work on 35 major work sites in each of the four routes we serve. These have all delivered important improvements that will benefit our passengers, freight customers and the communities we serve. Our sites had a good safety record in the main – but sadly we did have a couple of injuries. It is key that we learn from these to ensure we act so that everyone can go home safe every day.

Thanks to Our Teams

Every one of you has contributed to our work throughout the year. Thanks especially to all of you who have worked through the Christmas and New Year period – whether on site, in control, or on call – you make a difference, and I am truly grateful for your commitment, professionalism and dedication.

The Year Ahead

Ensuring we eliminate all incidents has to be a main priority for us all – please look at how we can simplify and improve everything we do to make this a reality.

I look forward to meeting many of you on site over the coming months. Take care and stay safe.

Stuart Calvert, Eastern Routes Capital Programmes Delivery Director



Some of the teams who delivered works over the festive period.

(Top Photos) Morgan Sindall & Deltaland at London Liverpool Street Project,

(Bottom left) BAM & PodTrack at Kentish Town Project, (Bottom right) J Murphy & Sons on Bishopsgate Tunnel Project

Festive Delivery in Photos



Images of some of the works delivered during the festive period.

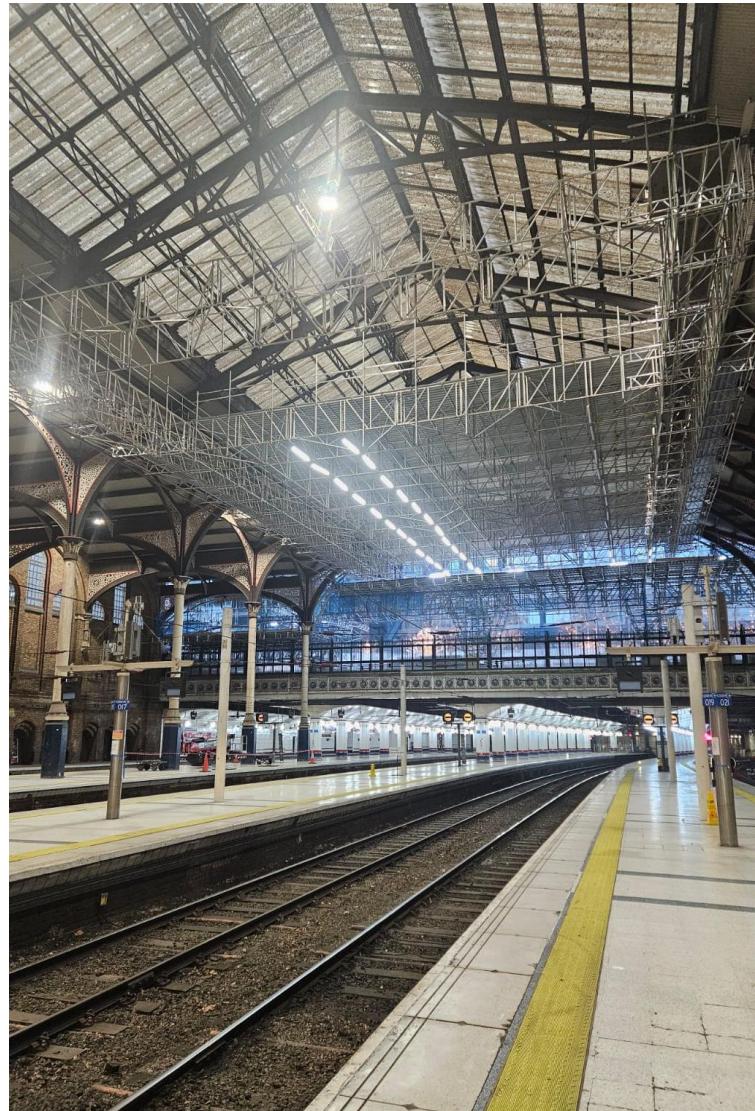


Agar Grove Bridge Renewal and
Kentish Town OLE Renewal

Festive Delivery in Photos



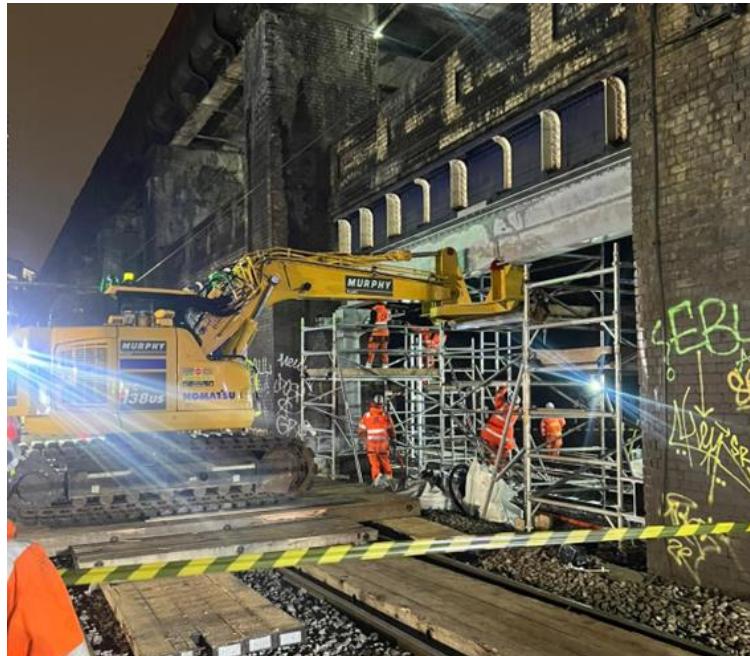
Images of some of the works delivered during the festive period.



Festive Delivery in Photos



Images of some of the works delivered during the festive period.



Bishopsgate Tunnel

Festive Delivery in Photos



Images of some of the works delivered during the festive period.

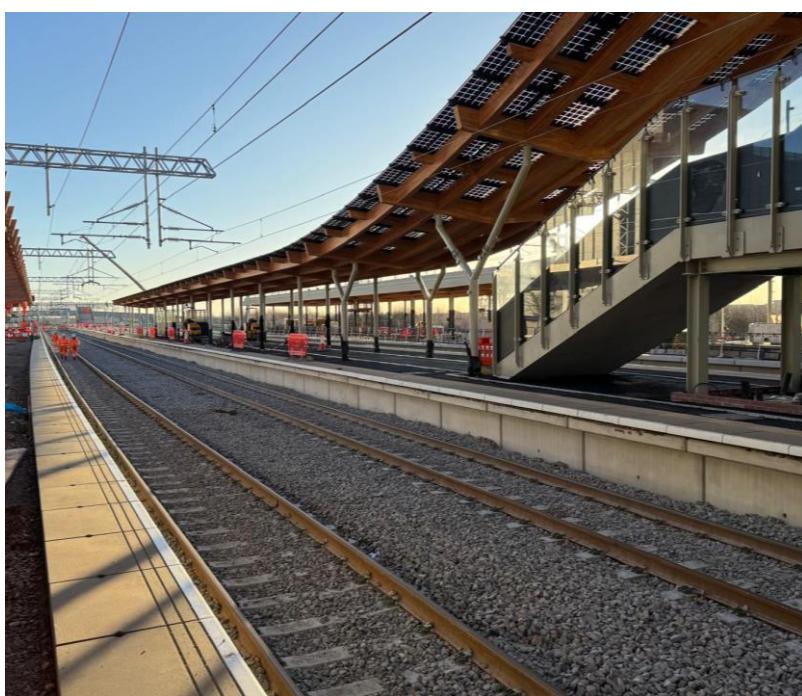
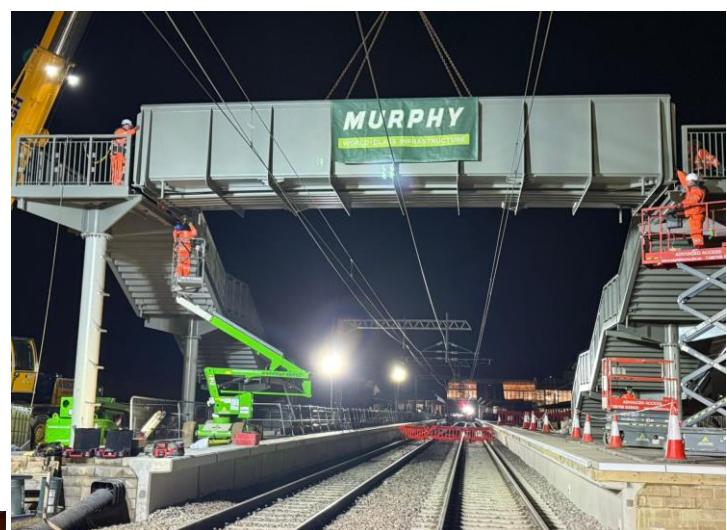


Cambridge Re-Signalling

Festive Delivery in Photos



Images of some of the works delivered during the festive period.

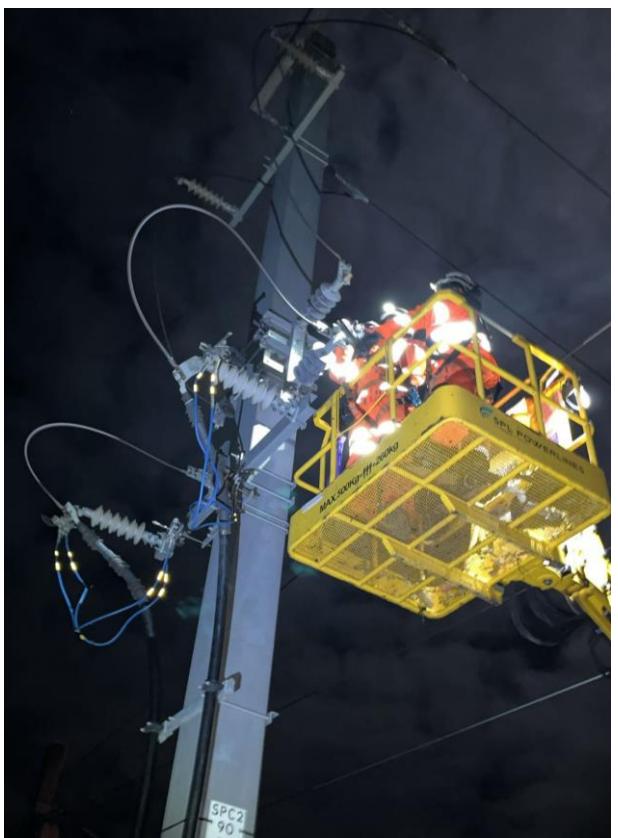
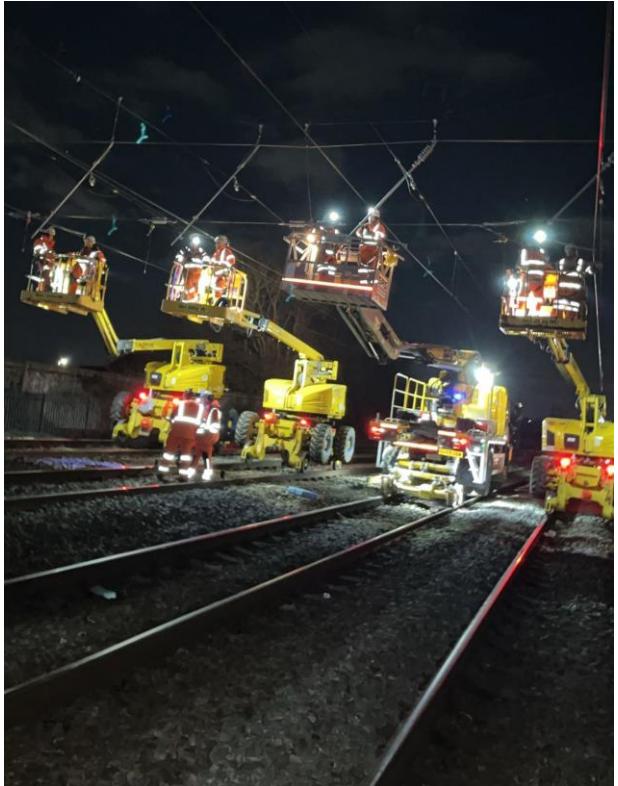


Cambridge South Station

Festive Delivery in Photos



Images of some of the works delivered during the festive period.



Taking stock in the New Year



Happy New Year Everybody! I know many of us had work on over the festive period – there have been many great achievements across all the schemes – well done to all the teams involved!

The planning leading up to these key blockades takes a lot of energy and focus. As leaders, monitoring the wellbeing of our teams during these stressful periods and the support we give can be a major contribution to supporting safe delivery.

Olivia Perkins, Managing Director – Rail, Morgan Sindall Infrastructure

New Years Mindset

New Year is always a time for each of us to set resolutions; there is a question on how long will they last! It is also a time for organisations to take stock of the successes and challenges of the previous year and to set the stall out to enable this year is better than the last. This opportunity for reflection cannot be underestimated, we so rarely get time in a sector that never stops.

Sharing Experiences

In Morgan Sindall, I am pleased to say our safety performance continues to improve year on year. What enabled our improvement last year was a focus on better engagement and communication, including through more focussed supervisory and leadership tours. We also had a focus on short and medium-term planning. When incidents did occur, we prioritised learning. Some examples from 2024 included:

- Dropping our guard in ancillary work areas
- Changing from the planned methodology without making sufficient time to assess the implications
- We have also seen an increase in the number of attempted thefts on our sites leading to a review of security measures.

Sustainability Goals

We believe it is our responsibility to reduce any negative impact on the environment around us for future generations. We ran a carbon challenge between projects for the second year in a row maintaining our focus on reducing carbon from our activities. It is a great way for teams to realise how many opportunities there are to save carbon. Such as: the use of 'green' steel, concrete and more efficient temporary and permanent works designs. Plus a number of our sites are now diesel free.

Reflections

We must be relentless in pursuit of safer sites and reducing our impact on the environment. By taking time to have an honest reflection on what challenges have been faced alongside achievements to date, we can then focus our energy on how next we can make a difference.



Take Aways for Others

Take time to learn from past performance to enable future success

SHELT Looking Ahead to 2025



What is SHELT?

The Safety, Health, Environment Leadership Team is a strategic Leadership forum shared by Eastern and North West & Central Regions. It brings together senior leaders from Network Rail Capital Programmes and Supplier Principal Contractors / Designers to discuss key topics relating to Safety, Environment and Sustainability.



SHELT is managed by a steering group and organised by a project management team from a cross representation of the forum attendees. Full day meetings take place on a quarterly basis and rotates across sites in both Regions.

Workstreams

As part of the work undertaken in 2024, SHELT has identified seven core work streams for 2025 which were identified by the supply chain as being the most significant risks and opportunities to focus on.

Working groups have been established for each workstream. Each group has an executive sponsor with representation amongst member delegates from Network Rail, Principal Contractors and a Principal Designer. Regular updates and feedback on the progress of the working groups will be shared via the quarterly SHELT forums.



Plant Safety



Supervision and culture



Supplier management



Biodiversity



Occupational road risk



Carbon



Service avoidance



ANDYS MAN CLUB



#ITSOKAYTOTALK

WHAT IS ANDYS MAN CLUB?

Andys Man Club is a free peer-to-peer group that provides a place for men to come together in a safe and open environment to talk about the issues or problems that they have faced or are currently facing.

HOW DOES IT WORK?

The process is about bringing men together who have been in similar situations, to each help each other on a peer-to-peer basis, sharing advice on how they have dealt with difficult situations. The 5 questions that are asked each week are designed not only to encourage men to talk, but to start to focus on the positives and on strategies to keep moving forward. There is no pressure to answer any of the questions and it is not uncommon for men to just listen for the first few sessions.

The clubs all run on the same format and adhere to the same guidelines. A key principle of Andys Man Club is anything that is said in the club, stays within the club.

WHO IS IT FOR?

The club is open to any man 18 or over, who is going through a storm, been through a storm or just wants to meet a good group of people with the aim of improving one another.

WHEN IS IT?

Andys Man Clubs meet every Monday at 7pm (excluding Bank Holiday Mondays).

WHERE IS IT?

100s of locations across the United Kingdom and Online via Google Meet. Find your nearest location via the ANDYSMANCLUB website.

HOW DO I JOIN?

Just turn up on the night. No registration or referral is required, all we ask is that you arrive before 7pm. The full list of our locations available on our website.

CONTACT US

@andysmanclub

@andysmanclubuk

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andysmanclub.co.uk

info@andysmanclub.co.uk

#andysmanclub

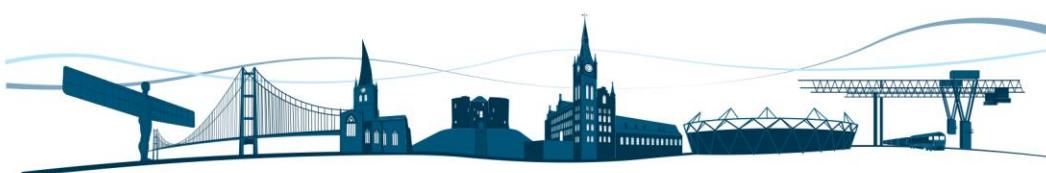
Recent Accidents and Incidents

Date of Incident	Portfolio	Project	Location	Type of Incident / Accident	Event Description
17/12/2024	MPP - North	169087 – Darlington Station Capacity	Darlington Station	Service strike	An unchartered alkathene water pipe was found to be leaking local to where large slate slabs were being removed from below the surface, using an 8 tonne excavator. Northumbria water contacted and repair completed at 20:30 the same evening.
18/12/2024	MPP - North	180426 – LAIP Package 2	Bradford Foster Square	Injury	An operative suffered a finger injury whilst tightening a bolt on a Marwood fencing clip using an impact wrench.
19/12/2024	MPP - North	180426 – LAIP Package 2	Bradford Foster Square	LSR Breach	A 13t excavator driving into a restricted public parking area without a banksman assisting.
22/12/2024	Renewals Civils	165223 – SPC1/14 Agar Grove	Agar Grove	Injury	Crawler crane was slinging a bundle of 16 (5m) crane mats at road level. The back of load landed and spread. The banksmen had a safety concern about releasing the loads. He instructed the crane operator to take the load so he could reposition. As the load was taken the pack of crane mats came together and slightly rotated. The banksman tried to stop the rotation placing his arm near to the load. This caused a trap injury which resulted in a fractured wrist.
25/12/24	Renewals E&P	Kentish Town OLE	Kentish Town 756 points	Operational Close Call	Points damaged as a result of a points run through. Under investigation.
28/12/2024	Track - SRSA	A00132 - SRSA	Up Royston, 50m 77ch, SBR	Machine, plant, equipment or tool	Trackman was removing a Pandrol key with a keying hammer which was seized in the housing, the clip snapped upon impact resulting in the clip ricocheting approximately 15m along track and striking the left knee of a Crane Controller.



Recent Accidents and Incidents

Date of Incident	Portfolio	Project	Location	Type of Incident / Accident	Event Description
29/12/2024	Track - SRSA	A00132 – SRSA	Foxton Station	Environmental Category 4 (Negligible)	ReadyPower RRV trailer TRS1357 had a hose burst and subsequent fluid spillage in the 4ft of approximately 5 litres.
02/01/2025	Renewals Civils	158164 - 135 Bishopsgate Development	Hare Marsh RRAP	Environmental Category 4 (Negligible)	Whilst loading an RRV onto the lorry, the hydraulic hose of the RRV on the rear left side burst and 1L of hydraulic oil spilled onto an area of hardstanding (tarmac).
02/01/2025	Track – SRSA	A00132 - SRSA	Foxton Station	Machine, plant, equipment or tool	IP suffered a cut injury to his finger whilst removing the existing mastic between coping stones with a Stanley knife. First aid administered on site and IP taken to hospital for check. No lost time.
03/01/2025	Track – SRSA	A00132 - SRSA	Cambridge South	RTA	Works minibus, travelling back from site, involved in a collision with a car. No injuries have occurred. – (MOP dangerous driving)
04/01/2025	Track – SRSA	A00132 - SRSA	Cambridge South	RTA	Works van, involved in a collision with a moped. No injuries have occurred.
05/01/2025	Track – CRSA	A00130 - CRSA	Eaglescliffe	Machine, plant, equipment or tool	During an activity moving rail on rollers the IP stepped on a sleeper and his foot slid under the rail causing an injury.



everyone
home safe
every day





- Do you have something to share?
- Can others learn from your work?



Whether it be linked Health, Safety, Environment or Social Value
 Please get in touch and email: clic@networkrail.co.uk



Continuous Learning & Improvement Cascade
 Capital Delivery Eastern Region